

Birth Date:

Physical/Motor D	evelopment			
Birth to Two Months	<u>,                                      </u>	<u>,                                      </u>		
Milestone	Learning	Practicing	Mastery	Notes
Exhibits a rooting	Date:	Date:	Date:	
reflex	Observer:	Observer:	Observer:	
Posets to loud poisos	Date:	Date:	Date:	
Reacts to loud noises	Observer:	Observer:	Observer:	
	Date:	Date:	Date:	
Holds head up	Observer:	Observer:	Observer:	
Makes quick and	Date:	Date:	Date:	
jerking arm movements	Observer:	Observer:	Observer:	
	Date:	Date:	Date:	
Brings hands to face	Observer:	Observer:	Observer:	

Child's Name:

Milestone	Learning	Practicing	Mastery	Notes
Moves head from side to side while on stomach	Date: Observer:	Date:	Date:	
Focuses on objects eight to twelve inches away	Date:	Date:	Date:	
Two to Three Months	S			
Turns head easily to both sides in supine (lying on back) position	Date:	Date:	Date:	
Lifts head off surface from prone (face down) position for one to two seconds	Date:	Date:	Date:	
Follows moving object with eyes	Date: Observer:	Date:	Date:	
Responds to loud sounds	Date: Observer:	Date: Observer:	Date:	
Grasps and holds objects briefly	Date:	Date: Observer:	Date:	

Three to Four Months					
Milestone	Learning	Practicing	Mastery	Notes	
Brings hands to midline while on back	Date: Observer:	Date:	Date:		
Rotates or turns head from side to side with no head bobbing	Date:	Date:	Date:		
Pushes down on legs when feet are placed on a firm surface	Date:	Date:	Date:		
Exhibits the rooting reflex less often or not at all	Date:	Date:	Date:		
Four to Six Months					
Lifts head while in supine position	Date: Observer:	Date: Observer:	Date:		
Holds chest up in prone position with weight on forearms	Date:	Date:	Date: Observer:		
Rolls from stomach to side	Date:	Date:	Date:		

Milestone	Learning	Practicing	Mastery	Notes
Rolls from stomach to back	Date:	Date:	Date:	
Rolls from back to stomach	Date:	Date:	Date: Observer:	
Stands with support	Date:	Date:	Date:	
Brings feet to mouth easily while in supine position	Date:	Date:	Date:	
Six to Nine Months			l	
Transfers object from one hand to another	Date: Observer:	Date:	Date: Observer:	
Uses toes and hands to propel forward or in a circle	Date:	Date: Observer:	Date:	
Crawls	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Grasps small items	Date:	Date:	Date: Observer:	
Sits without support	Date:	Date:	Date: Observer:	
Nine to Twelve Month	าร			
May stand momentarily without support	Date:	Date:	Date: Observer:	
Walks with assistance	Date:	Date:	Date:	

Social/Emotional Development					
Birth to One Month					
Milestone	Learning	Practicing	Mastery	Notes	
Makes demanding cries	Date:	Date:	Date:		
Shows sense of trust	Date:	Date:	Date:		
Shows attachment (responds positively) to significant adults	Date:	Date:	Date:		
Makes eye contact	Date:	Date:	Date:		
One to Three Months					
Coos	Date:	Date:	Date:		
Smiles at the sound of familiar voices	Date: Observer:	Date:	Date:		
Tracks moving persons or objects	Date: Observer:	Date:	Date:		

Milestone	Learning	Practicing	Mastery	Notes
Cries to demand attention	Date:	Date:	Date:	
Smiles at strangers	Date:	Date:	Date:	
Three to Six Months				
Babbles and laughs to get adult attention	Date:	Date: Observer:	Date:	
Responds to smiles with smiling	Date:	Date:	Date:	
Pays close attention to older children and their actions	Date: Observer:	Date:	Date:	
Calms self	Date:	Date:	Date:	

Six to Nine Months				
Milestone	Learning	Practicing	Mastery	Notes
Distinguishes voices of important, familiar people	Date:	Date:	Date:	
Can distinguish voice tones and emotions	Date: Observer:	Date: Observer:	Date:	
Plays games with adults and older children	Date: Observer:	Date: Observer:	Date:	
Nine to Twelve Month	ıs			
Begins to feel anxiety upon separation from familiar adults (separation anxiety)	Date:	Date:	Date:	
Begins to feel anxiety in the presence of strangers (stranger anxiety)	Date:	Date: Observer:	Date:	
Plays with others	Date:	Date:	Date:	
Appears angry	Date:	Date:	Date:	

Language Development				
One to Two Months				
Milestone	Learning	Practicing	Mastery	Notes
Coos in response to adults' speech	Date:	Date:	Date:	
Two to Four Months				
Makes squealing and gurgling sounds	Date:	Date:	Date:	
Four to Six Months				
Babbles consonant sounds such as "ba-ba- ba-ba-ba" and "da-da- da-da-da"	Date:	Date:	Date:	
Laughs out loud	Date:	Date:	Date:	
Six to Nine Months				
Babbles sounds such as "goo" and "gaa"	Date:	Date:	Date: Observer:	
Experiments with vocalizations to include longer and more varied sounds	Date:	Date: Observer:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Uses intonations in sounds	Date:	Date:	Date:	
Responds to own name	Date: Observer:	Date: Observer:	Date:	
Develops receptive- language vocabulary	Date:	Date:	Date:	
Nine to Twelve Month	ns			
Says at least one word	Date:	Date:	Date:	
Gestures or points to communicate	Date:	Date:	Date:	
Listens to songs, stories, or rhymes with interest	Date:	Date:	Date:	
Imitates sounds	Date: Observer:	Date:	Date:	

<b>Cognitive Develop</b>	ment			Birth through I weive Months (continued)
Birth to Two Months				
Milestone	Learning	Practicing	Mastery	Notes
Shows understanding that crying brings comfort	Date:	Date:	Date:	
Prefers black-and- white or high-contrast patterns	Date:	Date:	Date:	
Two to Four Months				
Explores environment with senses	Date:	Date:	Date:	
Discovers hands and feet are extensions of self	Date:	Date:	Date:	
Responds to own reflection in mirror	Date:	Date:	Date:	
Anticipates events	Date:	Date:	Date:	

Four to Six Months					
Milestone	Learning	Practicing	Mastery	Notes	
Shows interest in manipulating toys and objects	Date:	Date:	Date:		
Six to Nine Months					
Investigates objects by banging, shaking, and throwing	Date:	Date:	Date:		
Shows interest in objects with moving parts	Date:	Date:	Date:		
Shows interest in playing games	Date:	Date:	Date:		
Nine to Twelve Month	is				
Responds to "no"	Date: Observer:	Date:	Date:		
Waves bye-bye	Date:	Date:	Date:		
Shows understanding of object permanence (that is, knows objects exist when out of sight)	Date: Observer:	Date: Observer:	Date:		

Milestone	Learning	Practicing	Mastery	Notes
Engages in more intentional play	Date:	Date:	Date:	
Intentionally selects toys to play with	Date:	Date:	Date:	
Shows understanding that objects have a purpose	Date:	Date:	Date:	

One-Year-Olds

Twelve to Eighteen <i>N</i>	Months			
Milestone	Learning	Practicing	Mastery	Notes
	Date:	Date:	Date:	
Enjoys clapping hands	Observer:	Observer:	Observer:	
Walks with assistance	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
	Date:	Date:	Date:	
Begins to use a spoon	Observer:	Observer:	Observer:	
Walks without assistance	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	

Milestone	Learning	Practicing	Mastery	Notes
Crawls up and down stairs	Date:	Date:	Date:	
Stacks two objects	Date:	Date:	Date:	
Pulls off socks and shoes	Date:	Date: Observer:	Date:	
Likes to push, pull, carry, and dump things	Date:	Date:	Date:	
Scribbles without control	Date:	Date:	Date:	
Eighteen to Twenty-	Four Months			
Walks up and down stairs with help	Date:	Date:	Date:	
Walks on uneven surfaces with help	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Stands on one foot with help	Date:	Date:	Date:	
Runs reasonably well	Date:	Date:	Date:	
Rolls wheeled toys such as trains, cars, and trucks with ease	Date:	Date:	Date:	
Throws a ball	Date:	Date:	Date:	
Can feed self	Date:	Date:	Date:	
Begins to dress self	Date:	Date:	Date:	
May begin toilet training	Date:	Date:	Date:	

Social/Emotional Development						
Twelve to Eighteen M	onths					
Milestone	Learning	Practicing	Mastery	Notes		
Shows signs of attachment to parents	Date:	Date:	Date:			
or other family members	Observer:	Observer:	Observer:			
Engages predominantly in	Date:	Date:	Date:			
parallel play with peers	Observer:	Observer:	Observer:			
Begins to imitate older siblings or peers	Date:	Date:	Date:			
	Observer:	Observer:	Observer:			
Shows signs of teasing adults	Date:	Date:	Date:			
	Observer:	Observer:	Observer:			
Eighteen to Twenty-Fo	our Months					
Initiates separation	Date:	Date:	Date:			
from caregivers	Observer:	Observer:	Observer:			
Looks for "home base" or significant adult	Date:	Date:	Date:			
	Observer:	Observer:	Observer:			
Plays with other	Date:	Date:	Date:			
toddlers	Observer:	Observer:	Observer:			

Milestone	Learning	Practicing	Mastery	Notes		
Shows sense of trust	Date:	Date:	Date:			
Shows attachment to significant adults	Date:	Date:	Date:			
Shows signs of stress when family members initiate separation	Date:	Date:	Date:			
Language Development						
Twelve to Eighteen M	lonths					
Uses gestures and actions intentionally	Date:	Date:	Date:			
Intentionally says "mama" and "dada"	Date:	Date:	Date:			
Uses one sound to stand for more than one gesture or object	Date:	Date:	Date:			
Speaks in jargon or nonsense phrases	Date:	Date:	Date:			

Milestone	Learning	Practicing	Mastery	Notes
Understands many more words than can	Date:	Date:	Date:	
be expressed	Observer:	Observer:	Observer:	
Eighteen to Twenty-F	our Months			
Says "hi," "bye," and	Date:	Date:	Date:	
"uh-oh"	Observer:	Observer:	Observer:	
Begins to express	Date:	Date:	Date:	
feelings with words	Observer:	Observer:	Observer:	
Uses two to three	Date:	Date:	Date:	
word phrases	Observer:	Observer:	Observer:	
<b>Cognitive Develop</b>	oment			
Twelve to Eighteen M	lonths			
Tracks a toy that is being moved and can	Date:	Date:	Date:	
retrieve it if it's in partial view	Observer:	Observer:	Observer:	
Closes doors	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
Follows simple	Date:	Date:	Date:	
commands from adults or older children	Observer:	Observer:	Observer:	

Milestone	Learning	Practicing	Mastery	Notes
Turns pages in books	Date: Observer:	Date:	Date:	
Eighteen to Twenty-l	Four Months			
Begins to recognize colors	Date:	Date:	Date:	
Enjoys container play	Date:	Date:	Date:	
Recognizes own image in a mirror	Date:	Date:	Date:	

Two-Year-Olds

Child's Name:	Birth Date:
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Twenty-Four to Thii	ty Months			
Milestone	Learning	Practicing	Mastery	Notes
Rides four-wheeled	Date:	_ Date:	Date:	
toys with ease	Observer:	_ Observer:	Observer:	
Runs with ease	Date:	_ Date:	Date:	
	Observer:	Observer:	Observer:	
	Date:	_ Date:	_ Date:	
Stands on tip toes	Observer:	_ Observer:	Observer:	
	Date:	_ Date:	Date:	
Hammers	Observer:	_ Observer:	_ Observer:	
Engages in exercise play	Date:	_ Date:	Date:	
	Observer:	_ Observer:	Observer:	

Milestone	Learning	Practicing	Mastery	Notes
Shows interest in toilet training	Date: Observer:	Date:	Date:	
Opens doors by turning knobs or handles	Date:	Date:	Date:	
Thirty to Thirty-Six M	onths			
Has developed a hand preference	Date:	Date:	Date:	
Holds markers and crayons with ease	Date:	Date:	Date:	
Uses paint, clay, and dough	Date:	Date:	Date:	
Stacks toys with ease	Date:	Date:	Date:	
Shows an interest in drawing and marking	Date: Observer:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes	
Is toilet trained	Date:	Date:	Date:		
Rides a trike	Date:	Date:	Date:		
Social/Emotional [	•				
Twenty-Four to Thirty	Months				
Shows independence in bathing, brushing	Date:	Date:	Date:		
teeth, dressing, and selecting clothing	Observer:	Observer:	Observer:		
Is interested in	Date:	Date:	Date:		
anatomy	Observer:	Observer:	Observer:		
Lles toutions	Date:	Date:	Date:		
Has tantrums	Observer:	Observer:	Observer:		
Engages in parallel play	Date:	Date:	Date:		
	Observer:	Observer:	Observer:		
Thirty to Thirty-Six Months					
Can identify and talk about personal	Date:	Date:	Date:		
feelings	Observer:	Observer:	Observer:		

Milestone	Learning	Practicing	Mastery	Notes	
Can identify and talk about others' feelings	Date:	Date:	Date:		
Shows interest in helping	Date:	Date:	Date:		
Can recite rules but cannot follow them consistently	Date:	Date:	Date:		
Language Development					
Twenty-Four to Thirty	y Months				
Shows interest in print and books	Date:	Date:	Date:		
Begins to use private speech	Date:	Date:	Date:		
Shows ability to use naming words for objects of interest	Date:	Date:	Date:		
Puts nouns and verbs together in simple sentences	Date:	Date:	Date:		

Thirty to Thirty-Six Months				
Milestone	Learning	Practicing	Mastery	Notes
Echoes questions	Date:	Date:	Date:	
Uses understandable speech	Date:	Date:	Date:	
Uses a loud and soft voice	Date:	Date:	Date:	
<b>Cognitive Develop</b>	ment			
Twenty-Four to Thirty	Months			
Pretends to read	Date:	Date:	Date:	
Can do simple sorting	Date:	Date:	Date:	
Recognizes and names colors	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Repeats simple nursery chants and rhymes	Date:	Date:	Date:	
Sings parts of simple songs	Date:	Date:	Date:	
Shows an interest in shapes	Date:	Date:	Date:	
Engages in more pretend play	Date:	Date:	Date:	
Uses the word <i>no</i>	Date:	Date:	Date:	
Thirty to Thirty-Six M	Nonths			
Can talk about books	Date:	Date:	Date:	
Can tell own age	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Knows first and last name	Date:	Date:	Date:	
Recalls past experiences	Date:	Date:	Date:	
Asks questions	Date:	Date:	Date: Observer:	
Creates imaginary friends	Date:	Date:	Date:	
Follows more complex commands from adults	Date:	Date:	Date:	

Three-Year-Olds

Child's Name:	Birth Date:
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Twenty-Four to Thir	y Months			
Milestone	Learning	Practicing	Mastery	Notes
Swings arms when	Date:	Date:	_ Date:	
walking	Observer:	Observer:	_ Observer:	
	Date:	Date:	_ Date:	
Jumps with both feet Observer	Observer:	Observer:	_ Observer:	
Rides three-wheeled	Date:	Date:	Date:	
toys	Observer:	Observer:	_ Observer:	
Walks on a balance	Date:	_ Date:	_ Date:	
beam or line	Observer:	Observer:	_ Observer:	
Balances or hops on	Date:	_ Date:	_ Date:	
one foot	Observer:	Observer:	_ Observer:	

Milestone	Learning	Practicing	Mastery	Notes
Slides without assistance	Date:	Date:	Date:	
assistance	Observer:	Observer:	Observer:	
Throws a ball (or another object)	Date:	Date:	Date:	
overhand	Observer:	Observer:	Observer:	
Bounces a ball and	Date:	Date:	Date:	
catches it	Observer:	Observer:	Observer:	
Runs consistently	Date:	Date:	Date:	
without falling	Observer:	Observer:	Observer:	
Builds and stacks with	Date:	Date:	Date:	
several small blocks	Observer:	Observer:	Observer:	
Pounds pegs with	Date:	Date:	Date:	
mallet	Observer:	Observer:	Observer:	
Copies and draws	Date:	Date:	Date:	
simple shapes	Observer:	Observer:	Observer:	

Milestone	Learning	Practicing	Mastery	Notes
Practices zipping, snapping, fastening,	Date:	Date:	Date:	
and buttoning	Observer:	Observer:	Observer:	
Can use scissors	Date:	Date:	Date:	
Call use scissors	Observer:	Observer:	Observer:	
Makes marks or strokes with brushes,	Date:	Date:	Date:	
pens, pencils, and markers	Observer:	Observer:	Observer:	
Attempts to dress self	Date:	Date:	Date:	
Attempts to diess sen	Observer:	Observer:	Observer:	
Begins to stay dry	Date:	Date:	Date:	
while sleeping	Observer:	Observer:	Observer:	
Name least from a set le	Date:	Date:	Date:	
Naps less frequently	Observer:	Observer:	Observer:	
Completes toilet	Date:	Date:	Date:	
training	Observer:	Observer:	Observer:	

Social/Emotional [	Social/Emotional Development				
Milestone	Learning	Practicing	Mastery	Notes	
Shows independence	Date:	Date:	Date:		
Engages in solitary play	Date:	Date:	Date:		
Engages in parallel play	Date:	Date:	Date:		
Begins to engage in associative play	Date:	Date:	Date:		
Plays with familiar peers often	Date:	Date:	Date:		
Plays with unfamiliar peers	Date: Observer:	Date:	Date:		
Enjoys playing with adults as well as peers	Date:	Date:	Date:		

Milestone	Learning	Practicing	Mastery	Notes
Begins to show perspective taking	Date:	Date:	Date:	
Likes praise	Date:	Date:	Date:	
Begins turn taking	Date:	Date:	Date:	
Begins to share	Date:	Date:	Date:	
Begins to express feelings/emotions in an appropriate manner	Date:	Date:	Date:	
Is happy most of the time	Date:	Date:	Date:	
Enjoys helping with household tasks	Date:	Date:	Date:	
Likes to be silly and make others laugh	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Begins to understand some limits and rules	Date:	Date:	Date:	
Begins to seek adult attention and approval	Date:	Date:	Date:	
Shows fear	Date:	Date:	Date:	
Cries easily	Date:	Date:	Date:	
Begins to understand danger	Date:	Date:	Date:	
Knows own gender and that of others	Date:	Date:	Date:	
Says "I love you" without prompting	Date:	Date:	Date:	
Makes simple choices (between two objects)	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Engages in pretend play	Date:	Date:	Date:	
Language Develo	pment			
Speaks when spoken to	Date: Observer:	Date:	Date:	
Tells stories without prompting	Date: Observer:	Date:	Date:	
Enjoys rhymes and songs	Date:	Date:	Date:	
Likes to learn new words	Date:	Date:	Date:	
Asks questions	Date:	Date:	Date:	
Speaks in three- or four-word sentences (young three-year- olds)	Date: Observer:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Uses up to seven words in sentences	Date:	Date:	Date:	
(older three-year-olds)	Observer:	Observer:	Observer:	
Begins to use correct grammar (syntax)	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
Understands the meaning of most preschool words (semantics)	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
Uses language socially (pragmatics)	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
Enjoys books that have photographs of real things	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
Enjoys picture books	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
Enjoys singing simple, repetitive songs	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	

Cognitive Development							
Milestone	Learning	Practicing	Mastery	Notes			
Can stay with the same activity for five to ten minutes (increasing concentration)	Date:	Date:	Date:				
Uses toys to symbolize real objects	Date:	Date:	Date:				
Engages in fantasy play	Date:	Date:	Date:				
Uses real objects as props during pretend play	Date: Observer:	Date:	Date:				
Puts interlocking puzzles together	Date:	Date:	Date:				
Begins to notice patterns	Date:	Date:	Date:				
Can sort or describe objects by one or more attributes	Date:	Date:	Date:				

Milestone	Learning	Practicing	Mastery	Notes
Shows an interest in numbers and names of numbers	Date:	Date: Observer:	Date:	
Uses words for time such as yesterday and today	Date:	Date: Observer:	Date: Observer:	
Uses color names appropriately	Date:	Date:	Date:	
Recognizes name in print	Date:	Date:	Date:	
Identifies and names body parts	Date:	Date:	Date:	
Uses positional terms	Date:	Date:	Date:	

Four-Year-Olds

Child's Name:	 Birth Date:

Milestone	Learning	Practicing	Mastery	Notes
Dresses with little assistance	Date:	Date:	Date:	
Runs with ease and stops quickly	Date:	Date:	Date:	
Throws a ball overhand with more accuracy and distance	Date:	Date:	Date:	
Pedals and steers preschool-sized three-wheelers with ease	Date:	Date:	Date:	
Pedals and steers a two-wheeled bike with training wheels	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Puts puzzles together with ease	Date:	Date:	Date:	
Copies, prints, cuts, pastes, and paints with a paintbrush	Date:	Date:	Date:	
Writes own name	Date:	Date:	Date:	
Shows interest in developing large muscles	Date:	Date:	Date:	
Social/Emotional	Development			
Is becoming more responsible	Date:	Date:	Date:	
Engages primarily in associative play	Date:	Date:	Date:	
Has an increasing attention span	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Is developing patience	Date:	Date:	Date:	
Understands "boyness" and "girlness"	Date:	Date:	Date:	
ls developing friendships	Date:	Date:	Date:	
Is becoming a perspective taker	Date:	Date:	Date:	
Engages in turn taking and in waiting	Date:	Date:	Date:	
Engages in group play	Date:	Date:	Date:	
Role-plays	Date:	Date:	Date:	
Uses words to solve problems	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Shows fear	Date:	Date:	Date:	
Is becoming aware of sexuality	Date:	Date:	Date:	
May use kiddie profanity	Date:	Date:	Date:	
Language Develop	pment			
Speaks in seven- to ten-word sentences	Date:	Date:	Date:	
Sings more complicated songs; enjoys fingerplays and rhymes	Date:	Date:	Date: Observer:	
Tells simple stories in sequence	Date:	Date:	Date:	
Spells name	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Uses appropriate speech	Date:	Date:	Date:	
Follows three-step directions	Date:	Date:	Date:	
Refers to yesterday and tomorrow correctly	Date:	Date:	Date:	
Knows first and last name	Date:	Date:	Date:	
Pronounces words and sounds correctly	Date:	Date:	Date:	
Uses pronouns in sentences	Date:	Date:	Date: Observer:	

<b>Cognitive Develop</b>	Cognitive Development				
Milestone	Learning	Practicing	Mastery	Notes	
Begins to reason	Date:	Date:	Date:		
Engages in more developed play themes	Date:	Date:	Date:		
Understands simple concepts	Date:	Date:	Date:		
Begins to sort or categorize	Date:	Date:	Date:		
Puts things in order or sequence	Date:	Date:	Date:		
Notices patterns	Date:	Date:	Date:		
Counts objects out loud	Date:	Date:	Date:		

Milestone	Learning	Practicing	Mastery	Notes
Is interested in the alphabet	Date:	Date:	Date:	
Is developing early literacy	Date:	Date:	Date:	
Identifies colors	Date:	Date:	Date:	

Five-Year-Olds

Child's Name:	 Birth Date:

Milestone	Learning	Practicing	Mastery	Notes
Throws a ball to a target overhand and underhand	Date:	Date:	Date:	
Catches a ball when thrown or bounced	Date:	Date:	Date:	
Balances well	Date:	Date:	Date:	
Uses left or right hand with dominance	Date:	Date:	Date:	
Jumps over objects eight to ten inches high without falling	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes Notes
Uses large muscles to run, skip, tumble, kick a ball, and hop	Date:	Date:	Date:	
Is learning to jump rope	Date:	Date:	Date:	
Is learning to tie shoes	Date:	Date:	Date:	
Rides two-wheeler	Date:	Date:	Date:	
Social/Emotional	Development	l		
Takes turns and shares more easily	Date:	Date:	Date:	
Plays simple games with rules	Date:	Date:	Date:	
Follows and makes simple rules	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Often plays with peers	Date:	Date:	Date:	
Continues to play alone	Date:	Date:	Date:	
Shows strong emotions	Date: Observer:	Date:	Date:	
Tries new things without much reservation	Date:	Date:	Date:	
Responds to appropriate praise	Date:	Date:	Date:	
Is self-directed	Date:	Date:	Date:	
Is sensitive to the feelings of others	Date:	Date:	Date:	
Shows strong connection to family, especially siblings	Date:	Date:	Date:	

Language Develo	Language Development				
Milestone	Learning	Practicing	Mastery	Notes	
Speaks in six- to ten- word sentences	Date:	Date:	Date:		
Answers questions about familiar stories	Date:	Date:	Date:		
Speaks clearly and fluently, constructing sentences that include detail	Date:	Date:	Date:		
Argues, reasons, and uses because	Date:	Date:	Date:		
Makes up stories	Date:	Date:	Date:		
Converses easily with adults	Date:	Date:	Date:		
Has an expanding vocabulary	Date:	Date:	Date:		

Milestone	Learning	Practicing	Mastery	Notes
Uses language to control	Date:	Date:	Date:	
Asks lots of questions	Date:	Date:	Date:	
<b>Cognitive Develop</b>	ment			
Counts twenty or more objects with accuracy	Date:	Date:	Date:	
Uses measurement terms	Date:	Date:	Date:	
Understands whole and half and uses them in sentences	Date:	Date:	Date:	
Matches objects with ease	Date:	Date:	Date:	
Knows some names of coins and bills (money)	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Estimates numbers in a group	Date:	Date:	Date:	
Draws basic shapes and more	Date:	Date: Observer:	Date:	
Sorts and organizes	Date: Observer:	Date:	Date:	
Expresses interest in creative movement	Date:	Date:	Date:	

Six-Year-Olds

Child's Name:	 Birth Date:

Physical/Motor De	velopment			
Milestone	Learning	Practicing	Mastery	Notes
Engages in vigorous physical/motor activity	Date:	Date:	Date:	
Rides a bike without training wheels	Date:	Date:	Date:	
Ties shoelaces	Date:	Date:	Date:	
Engages in fine-motor activity	Date:	Date:	Date:	
Writes numbers and letters with improving accuracy	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Prints name	Date:	Date:	Date:	
Social/Emotional	Development			
Makes friends easily	Date:	Date:	Date:	
Follows rules most of the time	Date:	Date:	Date:	
Plays primarily with own gender	Date:	Date:	Date: Observer:	
Begins perspective taking	Date:	Date:	Date:	
Plays in groups	Date:	Date:	Date: Observer:	
Displays many moods	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Completely dresses self	Date:	Date:	Date:	
Attends to belongings	Date:	Date: Observer:	Date:	
Language Develop	ment			
Uses appropriate grammar	Date:	Date:	Date:	
Asks a lot of questions	Date:	Date:	Date:	
Tells stories (real and imagined)	Date:	Date:	Date:	
Engages in adult conversations	Date:	Date:	Date:	
Uses language to solve problems	Date:	Date:	Date:	

<b>Cognitive Develo</b>	Cognitive Development				
Milestone	Learning	Practicing	Mastery	Notes	
Has an attention span of twenty to thirty minutes	Date:	Date:	Date:		
Plays games with rules	Date:	Date:	Date:		
Knows left from right	Date:	Date:	Date:		
Is aware of time	Date:	Date:	Date:		
Is aware of seasons	Date:	Date:	Date:		
Counts past fifty	Date:	Date:	Date:		
Counts by twos, fives, and tens	Date:	Date:	Date:		

Milestone	Learning	Practicing	Mastery	Notes Notes
Decodes unknown	Date:	Date:	Date:	
words	Observer:	Observer:	Observer:	
Sight reads	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
Writes stories	Date:	Date:	Date:	
	Observer:	Observer:	Observer:	
Identifies familiar	Date:	Date:	Date:	
money	Observer:	Observer:	Observer:	
Knows simple	Date:	Date:	Date:	
fractions	Observer:	Observer:	Observer:	
Begins to understand simple addition and	Date:	Date:	Date:	
subtraction	Observer:	Observer:	Observer:	
Creates and extends more complex	Date:	Date:	Date:	
patterns	Observer:	Observer:	Observer:	

Milestone	Learning	Practicing	Mastery	Notes
Identifies and draws simple two- and three- dimensional shapes	Date:	Date:	Date: Observer:	
Knows the days of the week	Date:	Date:	Date: Observer:	

Seven-Year-Olds

Child's Name:	 Birth Date:
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Physical/Motor Development					
Milestone	Learning	Practicing	Mastery	Notes	
Rides a bicycle with ease	Date:	Date:	Date:		
Is involved in sports, dance, or other active play	Date:	Date:	Date:		
Runs up and down stairs with ease	Date:	Date:	Date:		
Prints with ease	Date:	Date:	Date:		

Social/Emotional Development					
Milestone	Learning	Practicing	Mastery	Notes	
Enjoys organized play or organized time with others	Date:	Date:	Date:		
Enjoys solitary play or spending time alone	Date:	Date:	Date:		
Has frequent disagreements with peers	Date:	Date:	Date:		
Can collaborate with peers	Date:	Date: Observer:	Date:		
Plays by the rules	Date: Observer:	Date:	Date:		

Language Development				
Milestone	Learning	Practicing	Mastery	Notes
Enjoys storytelling	Date:	Date:	Date:	
Enjoys story writing	Date:	Date:	Date:	
Is learning to spell words correctly	Date:	Date:	Date:	
Uses speech that is adultlike	Date:	Date:	Date:	

Cognitive Development				
Milestone	Learning	Practicing	Mastery	Notes
Reads with comprehension	Date:	Date:	Date:	
Reads for pleasure	Date:	Date:	Date:	
Tells jokes and riddles	Date:	Date:	Date:	
Shows interest in computers	Date:	Date:	Date:	
Shows interest in maps and globes	Date:	Date:	Date:	
Shows interest in simple graphs	Date:	Date:	Date:	
Knows months of the year	Date:	Date:	Date:	

Milestone	Learning	Practicing	Mastery	Notes
Shows interest in current events	Date:	Date:	Date:	
Shows interest in history and prominent people	Date:	Date:	Date: Observer:	
Measures objects	Date:	Date:	Date:	
Is conscious of time	Date:	Date:	Date: Observer:	

Eight-Year-Olds

Child's Name:	 Birth Date:

Physical/Motor Dominical Milestone	Learning	Practicing	Mastery	Notes
Shows good body coordination	Date:	Date:	Date:	
Shows good fine- motor coordination	Date:	Date:	Date:	
Has an expanded attention span	Date:	Date:	Date:	
Shows good hand-eye coordination	Date:	Date:	Date:	
Engages in high- energy activities	Date:	Date:	Date:	

Eight-Year-Olds (continued)

Milestone	Learning	Practicing	Mastery	Notes
Builds and takes things apart	Date:	Date:	Date:	
Social/Emotional [	Development			
Engages in group over solitary play	Date:	Date:	Date:	
Is influenced by peer pressure	Date: Observer:	Date:	Date:	
Works and plays without becoming overly upset by results	Date: Observer:	Date:	Date:	
Shows independence and tries new things	Date:	Date:	Date:	
Experiences anxiety or fear	Date: Observer:	Date:	Date:	
Plays solitary games	Date:	Date:	Date:	

Eight-Year-Olds (continued)

Milestone	Learning	Practicing	Mastery	Notes Notes
Seeks love and compassion from others	Date:	Date:	Date:	
Seeks adult approval	Date:	Date:	Date:	
<b>Language Develo</b>	pment			
Converses on an adult level	Date:	Date:	Date:	
Adjusts language to match audience	Date:	Date:	Date:	
Uses descriptive language	Date:	Date:	Date:	
Plays jokes on others and loves humor	Date:	Date:	Date:	
Uses language to express feelings and emotions	Date:	Date:	Date:	

Eight-Year-Olds (continued)

Milestone	Learning	Practicing	Mastery	Notes Notes
	Date:	Date:	Date:	
Uses slang	Observer:	Observer:	Observer:	
Uses abbreviated language in writing, such as TTYL (talk to	Date:	Date:	Date:	
you later) and LOL (laughing out loud)	Observer:	Observer:	Observer:	
Cognitive Develo	pment			
	Date:	Date:	Date:	
Engages in projects	Observer:	Observer:	Observer:	
Uses the calendar	Date:	Date:	Date:	
oses the calendar	Observer:	Observer:	Observer:	
Engages in basic	Date:	Date:	Date:	
research	Observer:	Observer:	Observer:	
Haas roosanin s	Date:	Date:	Date:	
Uses reasoning	Observer:	Observer:	Observer:	
Shows interest in	Date:	Date:	Date:	
places and other cultures	Observer:	Observer:	Observer:	
Shows interest in	Date:	Date:	Date:	
computers	Observer:	Observer:	Observer:	